

SPRING 2012



The Christie  
Foundation

# LIVING WELL

HEALTH EDUCATION SEMINARS

Christie Foundation is pleased to partner with Parkland College to offer free LIVING WELL health education seminars open to all community residents.

**Thursday, April 12, 7:30-8:30AM**

## Diagnostic Criteria and Prevention of Osteoporosis

*Presented by Matt Markell, Radiology Practitioners Assistant, Christie Clinic*

Osteoporosis occurs when bones lose minerals like calcium more quickly than the body can replace them. Bones become less dense, lose strength, and break more easily. Most people don't realize they have osteoporosis until a fracture happens. At this session, Mr. Markell will discuss the latest prevention measures to avoid this debilitating disease.

**Thursday, April 19, 7:30-8:30AM**

## Peripheral Arterial Disease (P.A.D.): What You Need to Know

*Presented by Dr. Kimberly Eickmeier, DPM, FACFAS, FAPWCA, Christie Clinic*

Your podiatrist may know you have P.A.D. before your Primary Care Physician or Cardiologist detects it. Dr. Eickmeier will outline symptoms of Peripheral Artery Disease and the latest prevention and medical guidelines. P.A.D. left untreated can lead to lower limb amputation and possibly death from the strain this disease has on the heart.

**Thursday, April 26, 7:30-8:30AM**

## Current Treatments for Osteoarthritis

*Presented by Dr. Andrew Bartlett, DO, Christie Clinic*

Arthritis: What it is, how it progresses, current treatment options to slow the progression, both surgical and non-surgical methods.

All seminars are held at Christie Clinic on Windsor in the 2nd Floor Education Room. A complimentary continental breakfast is served.

---

This seminar series is offered through a partnership with Parkland College



Register by calling Parkland at (217) 353-2055.

Healthier children. Healthier families. Healthier communities.  
[www.christie-foundation.org](http://www.christie-foundation.org)

## SPEAKER BIOGRAPHIES

### Matt Markell,

Radiology Practitioners Assistant, Christie Clinic



Matt Markell attended Weber State University in Ogden, Utah, then obtained certifications in Radiology, Computed Tomography, Magnetic Resonance Imaging, Radiology Practitioner Assistant, Advanced Cardiac Life Support (ACLS), and Clinical Dosimetrist (DEXA). His goal is “to provide compassionate and high quality health care to patients.” In Christie’s Department of Life Imaging, he is an advocate for patients and monitors their progress to assure total patient care. “I want my patients to feel comfortable and reassured that they are in my care.”

### Dr. Kimberly Eickmeier,

DPM, FACPAS, FAPWCA, Christie Clinic



Dr. Eickmeier is a Podiatrist at Christie Clinic who diagnoses, treats, and helps prevent diseases and disorders affecting the feet and ankles of adults and children. She specializes in reconstructive surgery of the foot and ankle, diabetic foot care, and sports medicine. “Growing up I decided that I wanted to make a difference in the world. In college I worked at a hospital and got to see firsthand how compassionate these health care providers were and that they truly made a difference in a patient’s life on a daily basis.”

Dr. Eickmeier received her Bachelor’s degree from Illinois State University in Normal, Illinois and attended medical school at the Dr. William M. Scholl College of Podiatric Medicine in Chicago. Her residency was in Podiatric Medicine at Botsford General Hospital in Farmington Hills, Michigan and her fellowship was at the Hôpital Cantonal Universitaire in Geneva, Switzerland. Her certifications are from the American Board of Podiatric Surgery, American College of Foot and Ankle Surgeons (Fellow), and the American Professional Wound Care Association (Fellow). “I am constantly learning new treatments and I am frequently involved in bringing new technologies to them to better treat their condition.”

### Dr. Andrew Bartlett,

DO, Christie Clinic



Dr. Andrew Bartlett is an Internal Medicine Physician at Christie Clinic where he diagnoses and treats non-surgical illnesses in adults. He studied at Augustana College in Rock Island, Illinois and attended medical school at Des Moines University Osteopathic Medical Center in Iowa. His residency was in Internal Medicine at Doctors Hospital in Columbus, Ohio.

Healthier children.

Healthier families.

Healthier communities.